







## RECREATION

The Conference Center offers a variety of activities for you to enjoy during your free time. In the Murray Gymnasium, you will find basketball, volleyball, ping-pong, air hockey, and foosball. In addition, on the softball field, there is a horseshoe pit, outdoor basketball court, gaga ball, and a sand volleyball area.

Above the Oak housing units, we have a nine-hole miniature golf course, an archery range (clubs, balls, bows and arrows are available at the office at no charge), as well as signs directing you up the mountain for hiking the Wenatchee Trail.

In the heart of the Conference Center, you will find our beautiful swimming pool (available summer only) and small sun deck complete with our certified lifeguard. For the rare rainy day, we have board games that may be checked out by adults in the office between 9 A.M. and 4 P.M.

In addition to the recreation options listed above, the Conference Center also offers a challenge course, and paintball at an additional charge. These activities are great for team building, bonding, and fellowship!

The challenge course consists of a 40' three face tower, complete with three varying levels of climbing difficulties, a zip line, the leap of faith, several different types of ladders, a vine walk, and a lower ropes course. Participants get safety instruction, use of harness, helmet, belay rope and staff to guide them to climb to new heights, both figuratively and literally. They will encounter elements that require them to problem solve, communicate and listen, work with others, and at most times step outside of that personal "comfort zone" and challenge themselves to try something new while building trust and faith.

## **INFORMATION**

Please observe all traffic signs and park only in designated areas. Drive carefully and please watch for pedestrians.

Please be considerate of your neighbors.

THE USE OF RADIOS, TV'S, ETC. IS DISCOURAGED. Quiet time for all guests is 11:00 P.M. to 7:00 A.M. Your cooperation will be greatly appreciated.

Please be careful while you are here. If an injury occurs between 5:00 A.M. and 10:00 P.M., please report it to the Dining Hall. After hours, if you suffer a serious injury, please call 797.2570, ext 399.

The Snack Bar will be opened 24 hours a day. There, you will find coffee and vending machines. T-shirts and sweatshirts are available and can be purchased from the camp office.